

# “A TASTE AND A TALK” SERIES

## INSULATE YOUR HOME FOR COMFORT, HEALTH AND SAVINGS

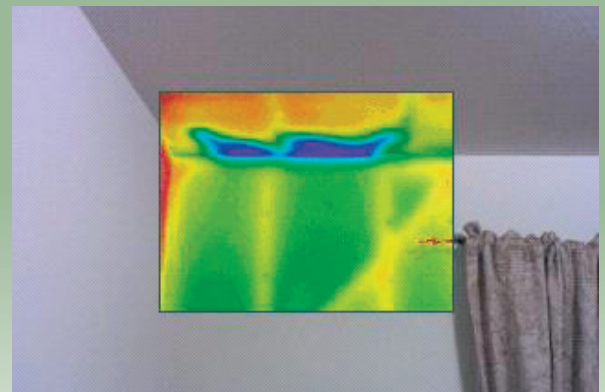
**Date:** Thursday, August 7<sup>th</sup>, 2008

**Time:** 5:00 pm - 6:30 pm

**Place:** Green Building Exchange  
305 Main Street  
Redwood City  
For directions visit:  
[www.greenbuildingexchange.com](http://www.greenbuildingexchange.com)

**Cost:** FREE!  
Refreshments served

**Please visit:**  
<http://www.recycleworks.org/sustainability/lectures.html>



Lorna Fear of Visual Cue Thermal Imaging will speak about home energy audits. Infrared Red (IR) technology is now used to verify the quality of construction as well as reveal air gaps, missing and deteriorated insulation, and trapped moisture. It's great for identifying problems that homeowners and even renters can fix. A few easy, inexpensive steps will save money, keep your home more comfortable, cut down on greenhouse gas emissions, and improve indoor air quality. Lorna will also do some myth-busting, and discuss how to get the most bang for your buck in your energy efficiency.

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To RSVP, or for more information, please contact Jeffery Liang at:  
(650) 599-1485 or e-mail [greenbuild@recycleworks.org](mailto:greenbuild@recycleworks.org)